

* Sample *

Innercept Integrated Assessment Data Gathering Format

Each discipline represented at Innercept contributes to the overall assessment and treatment plan for the resident. The resident's therapist integrates this information into the final document.

TIMELINE:

Treatment Team Members are notified of new admission and due date for contributions.

Information is collected by each discipline from the application, interviews, supporting documents and observation of the client.

Within **three weeks** from admission each Team Member submits their written assessment by email to the resident's primary therapist.

Hard copies are brought to the next Treatment Team Meeting.

Information is shared among Treatment Team Members and goals are written.

Completed Assessments and Treatment Plans are mailed to parents, educational consultants and other involved parties within **one month** of admission date.

Contents of the Assessment and Treatment Plan are shared with the resident **after** parents have received and accepted the documents.

NURSING:

Medical History – including biologic history

Developmental History – highlighting anomalies

Concerns about Activities of Daily Living (ADL's)

Current Physical Limitations

Body Mass Index

Allergies

Needed Therapies

Needed Evaluations

Current Medications (Non-Psychotropic)

SUGGESTED TREATMENT GOALS

DIETARY:

History of Eating Disorders

Issues Related to Body Mass Index

Attitudes toward Food and Eating

Client's knowledge about Good Nutrition

Need for Special Diet (Vegetarian, Vegan)

Need for Supplements and/or Doubles

SUGGESTED TREATMENT GOALS

PHYSICAL FITNESS:

Summary of Resident's *President's Physical Fitness Test*

Resident's Interests & Strengths related to Exercise & Recreation

Limitations and/or Adaptations Necessary to Participate in Physical Activities

Resident's Understanding of the Relationship Between Physical & Mental Health

Resident's Attitude toward Exercise and Physical Activities

Resident's Personal Fitness Goals

SUGGESTED TREATMENT GOALS

MEDICAL/PSYCHIATRIC:

Psychotropic Medication History

Adverse Reactions & Cautions

Current Target Symptoms

Resident Attitudes toward Psychotropic Medications

SUGGESTED TREATMENT GOALS

EDUCATION:

Brief Overview of Educational History

Current Educational Status – Transcript Summary

Special Education Needs (IEP, Section 504)

Need for Further Educational Assessments

Resident Attitude Toward School

Motivation to Complete School

Resident's Future Educational and/or Vocational Plans

Parent Expectations for Education while at Innercept & Beyond

SUGGESTED TREATMENT GOALS

VOCATIONAL:

Work, Volunteer and/or Job Training History

Barriers to Employment

Attitudes toward Training & Employment

Resident's Vocational Interests

Need for Vocational Testing

Need to Involve Outside Agencies

Parent Expectations for Volunteering, Employment

SUGGESTED TREATMENT GOALS**PROGRAM COORDINATOR & DIRECT CARE STAFF:**

Daily Habits for Grooming, Hygiene and Clean Dress

Eating Habits and Attitudes

Sleep Patterns – Initial, Medial & Final

Compliance with Medications

Behavior – Cooperation, Ability to Follow Rules, Manners, Impulse Control

Behavior during Phone Calls to Parents/Guardians

Social Relationships – How Resident Relates to Peers & Staff

Ability to be Self-Directed (as Opposed to Staff Directed)

Concern for Household Environment (Respects Property, Cleans after Self)

Needs for Life Skills Training

SUGGESTED TREATMENT GOALS

THERAPIST:

Primary Author of Integrated Assessment & Treatment Plan

Responsible for Organization and Integration of the Document

Biographical Data at Beginning of Assessment Document

Social History Including Past Psychotherapeutic Treatments and Placements

Past Assessments (Consult Psychologist if Needed)

Past Diagnoses (List Directly with Dates)

Current Mental Status

Resident's Viewpoint on Treatment Needs – Level of Resistance

Need for Additional Assessments i.e. Chemical Dependency, Personality

Current Coping Skills

Parent Expectations for Treatment Outcomes

Client Expectations for Treatment Outcomes

Safety Assessment: Danger to Self & Danger to Others

SUGGESTED TREATMENT GOALS

ENTIRE TREATMENT TEAM:

Current Risk Assessment including Danger to Self and/or Others

Five Axis Diagnoses

List of Strengths

Projected Discharge Date

Projected Discharge Placement

ADDITIONAL TREATMENT GOALS

INTEGRAL ASSESSMENT: THERAPIST/PARENT INTERVIEW GUIDELINES

Relevant social history

Legal history

Substance abuse history

Past psychological testing

Past therapies

Past hospitalizations

History of problems leading to placement at Innercept

Parent goals for their child's placement at Innercept

Parent description of child's strengths, talents, and gifts

Family dynamics or issues that may have an impact on treatment